

SEPTEMBER NEWSLETTER

# What is Mediation?



So we're called Northwest Mediation Center and you're not quite sure what mediation is.....Mediation involves the intervention of a third person, or mediator, into a dispute to assist the parties in negotiating jointly acceptable resolution of issues in conflict.

While there are different mediation styles, here at NMC, we use facilitative mediation. NMC provides trained and experienced mediators to facilitate a conversation between parties to reach an agreeable and mutually beneficial solution for all parties. This style is interest-based rather than position-based. One of the goals of facilitative mediation is to allow parties to find shared interests to base an agreement on. Sometimes a shared interest is both as simple and complicated as a shared feeling, despite differing reactions or approaches to the feeling. Rather than prescribing a solution, mediators in facilitative mediation encourage people to reach their own solutions. Agreements that people reach on their own can be more durable and empowering than a required or authoritative approach.

In theory, any conflict can be mediated! Some mediations we have done include landlord-tenant, parenting plan, divorce, neighbor to neighbor, small claims, family, elder, employment, business, consumer issues, breach of contract, and collections disputes.



## SPECIAL THANKS



- TO NORTHEAST COMMUNITY CENTER, THANK YOU FOR HOSTING THE RESOURCE FAIR. WE LOOK FORWARD TO PARTICIPATING IN MORE IN EVENTS THAT HELP US REACH OUR COMMUNITY.
- TO ALL THOSE THAT PARTICIPATED IN OUR FIRST EVER VIRTUAL OPEN HOUSE, THANK YOU FOR YOUR COMMITMENT AND SUPPORT OF NMC. WE APPRECIATE ALL YOU DO FOR US AND THE COMMUNITY.

## UPCOMING EVENTS

SEPTEMBER 19 | MOCKTALES

SEPTEMBER 7, 17, 19 & 22 | SHARING THE CHILDREN

SEPTEMBER 15-17 & 29-OCT. 1 | BASIC MEDIATION TRAINING

ADVANCED MEDIATION TRAINING IN OCTOBER

## MONTHLY HIGHLIGHTS



- HOSTED OUR FIRST VIRTUAL OPEN HOUSE
- MOCKTALES ARE NOW AVAILABLE TO ATTEND VIRTUALLY VIA ZOOM